

News from the boathouse



PLRA relay team enjoying a light moment before the race starts at the Hammer Ergatta. Sarah started us off, followed by Elizabeth, Val, Sid, Nathan and Nate. We came in 6th out of 9 teams. Most of our competitors were college rowing teams. See more about the Ergatta below.

Save the dates!

Boats out of storage

Come help get the boats ready for rowing! We'll need lots of hands moving the boats and rigging them for the season.

Saturday, April 7th at 8 am.

Boats back on the water

What we've all be waiting for! Competitive rowers be ready on the dock by 7 am, recreational rowers at 8:30.

Saturday, April 14th

Learn to Row

We are asking for lots of volunteers to make this a great experience for people interested in rowing. Can you help? See Val or email us for more info.

May 5th and May 7th.



WE'LL BE ON THE WATER SOON.

View from the boathouse in early March.

Boathouse Clean-up

We had a good turnout for the boathouse clean-up. Items were sorted, organized, moved, cleaned, and/or thrown away. There are now lockers available for member use during practice and a small changing area.

A big thank you to all that helped make our space more inviting. Here, Sue is sorting through MANY tubs of party supplies.



Ergatta Results

PLRA'S WINTER TRAINING PAYS OFF

The Hammer Ergatta was held on February 24th. Elizabeth, Margaret, Nathan, Sarah, and Val all competed individually, and did great! The 4 seasoned rowers each won Hammers, and Sarah (who's only rowed for the past 2 months- she hasn't even been on the water yet) was 10th out of 19 novice rowers. She was the only one in her heat who hadn't had just rowed a season on a college rowing team.

Members also participated in the 2018 World Rowing Virtual Indoor Sprints competition. Many did their 1K row before eating pancakes at the member meeting. Check out our results on the competition website. Look for our club name!

<https://log.concept2.com/challenges/indoor-sprints/2018/female/hwt/overall>



Speaking of competing...

The competitive team is looking at competing at 2 different sprints this spring. The first is May 26th in Pittsford, NY, a 1200 meter sprint on the Erie Canal. The second is June 23rd in Indianapolis.

Are you interested in competing with us? If so, we are asking for an early commitment, both to register for the event as well as meeting up for extra practices and completing the independent rowing testing. We are setting some big, exciting goals this year. If you want to join us, talk to Val or Coach John in early April in order to compete in the spring sprints.

*"It's a great art, is rowing. It's the finest art there is. It's a symphony of motion. And when you're rowing well, why it's nearing perfection- And when you reach perfection you're touching the divine. It touches the you of you's, which is your soul." -- **George Pocock***

Lots of fun activities planned for this season!

Full moon rows

Midseason meeting/picnic

Dragon boat festival

Have an idea? Want to do something? Let us know!

Next board meeting is April 11th, 6:30 pm at the Green Giant Eagle Café. All members welcome!